As I plan our spring calendar, I wanted to share a few of the many unique experiences we are able to add to the schedule throughout the year. Upcoming highlights include: The Billings Youth Orchestra on Monday, February 11th; a trip to the Newark Museum on May 1st; and the annual Kathryn Stein Memorial Concert featuring Tony award winning actor, singer, Gavin Creel, on Monday, June 17th. Gavin, currently on Broadway starring in Waitress, is also known for his award-winning role in Hello Dolly as well as Thoroughly Modern Millie, Hair and The Book of Mormon, among other leading roles!

Please also note our next Bake Sale scheduled on Valentine’s Day! Bakers, sellers and buyers, we look forward to your participation in this community effort!

The Art of Listening to Music, our music appreciation course, is taught by a rotating group of professional musicians. Tuesdays, February 5 – Simon Saad; February 12 – Imri Taljam; February 19 – Arielle Levioff; February 26 – Javor Bracic, 11:00 am – noon, S297.

Shoot the Breeze facilitated by Erica Shein. Thursdays, February 7, 14 and 28, 11:45 – 12:45 pm, S297.

The Benjamin Franklin Circles facilitated by Erica Shein and Dafna Gorfinkle. Thursday, February 21, 11:45 am - 12:45 pm, S297.

Rob Silverman continues Jazz Appreciation: The Music of Louis Armstrong, Billie Holiday, and Miles Davis (with Bill Evans), Fridays, January 4 through March 1, 10:30 am – noon, S101.

Seth Gopin continues Art and Architecture of the Middle Ages, Thursdays, January 10 through February 28, 1:30 - 2:30 pm, WAG.

Richard Larschan continues East Side, West Side, and All Around Town: Fiction Set in Bygone New York – and Brooklyn, Wednesdays, January 16 through March 6, 11:30 am - 12:30 pm, S101.

NEW Sally Blumis-Dunn returns to teach The Personal Essay, Wednesdays, February 6 – 27, 11:00 am – 12:30 pm, TBA.

NEW Movie Club Erica Shein leads a discussion Green Book (2018) directed by Peter Farrelly. Please see the film independently. Tuesday, February 19, 2:30 - 3:30 pm, S297.

NEW The History of Baseball, taught by Steve King, will now be an ongoing class meeting on Thursdays from 10:30-11:30 am in S101! As we head into baseball season learn all there is to know about this great American sport!

NEW Isabella Freedman Jewish Retreat Center Information Session - Simone Stallman will be here to describe Isabella Freedman’s summer program and to answer questions. Thursday, February 7 at 12:30 pm in WL.

NEW Art Tour in the Weill Art Gallery! Artist, Ron Agam, whose art is currently gracing the walls of our gallery, will present a special program for our members on Wednesday, February 27, 12:45 - 1:45 pm, WAG.

SPECIAL THE BILLINGS YOUTH ORCHESTRA Performing works by Brahms and Bach Monday, February 11, 1:00 pm, WAG

SOCIAL ACTION COMMITTEE OPEN MEETING In honor of Black History Month Personal Accounts from the Civil Rights Movement As told by Pearls of Wisdom members Monday, February 25, 2:00 pm, WL

Special Concert

PRIME TIMES Newsletter of the Himan Brown Senior Program February 2019
The Mildred and Emanuel Goldberg
SPECIAL FRIDAYS

February 1
Come celebrate February Birthdays w/ Cake!
Warburg Lounge, 12:15 pm

Madhattan Barbershop Quartet
The music of yesteryear sung A cappella
WAG, 2:00 pm

February 8
Camden Pop Rock : 100 Years of Hits
An eclectic fusion of modern, classical, and international music.
Warburg Lounge, 2:00 pm

February 15
Piano Recital featuring Javor Bracic
Homage to Joseph Hayden
WAG, 2:00 pm

February 22
Roman Lankios Performs!
Solo xylophonist
An International Program of Classical and Popular Music
Warburg Lounge, 2:00 pm

BOOK DISCUSSION
facilitated by Erica Shein
The Memory Keeper’s Daughter by Kim Edwards
Thursday, March 7, 11:45-12:45 pm, S297

Health & Wellness

Wednesday, February 6
Individual Medicare Consultation
Jess Joseph, Patient Advocate
Noon - 1:00 pm, HBSP Office
Sign up for appointment in office.

Individual Fitness Assessments with 92Y May Center personal trainers. Includes biometrics, movement, strength and cardio screenings. $15/assessment. Please sign up in the HBSP Office.

Nutrition Project

Monday, February 4
How Swallow Strength Affects Nutrition and Health
2:00 - 3:00 pm, Warburg Lounge

Support

Introducing a new series of small monthly support groups facilitated by Elizabeth Flamm, LCSW and Associate Director. Please see Elizabeth to register.

Thursday, February 7
Family Caregiver Support Group
10:30 - 11:30 am, S292

Thursdays, February 14 & 28
Bereavement Support Group
10:30 - 11:30 am, S292

Elizabeth is a highly skilled therapist who is also available to meet individually with members and families.

392Y Himan Brown Senior Program is endowed by a generous grant from the Himan Brown Charitable Trust. Major support for the program is provided by The Derfner Foundation; The Marilyn & Jeffrey Katzenberg Foundation; The Kathryn W. Stein Endowment; and The Mildred and Emanuel Goldberg Endowment. Additional support is generously provided by the American Friends of Israel; The Margot and Adolph Friedlander Endowment; The FJC-A Foundation of Philanthropic Funds; The Lorraine and Gerald Goldman in memory of Marie Abrams; Gloria Ann Katz, EdD; Barbara and Martin P. Klein; The Marvin and Sylvia Rubin Family Foundation; The Fan Fox and Leslie R Samuels Foundation; Estate of Leila Silver; Virginia and Dr. Mark Silver; and The Dorothy and Sol Smolen Endowment.

COMMUNITY BULLETIN BOARD

WELCOME to our newest members: Patricia Doniger, Betty Grumet, Fredrick Kahn, Susan Lustig, Toby Lustig, Bruce Pickover and Irving Sernick.

If you want to celebrate a special occasion- a birthday, anniversary or ??? and share your joy with the Himan Brown community, contact us to order and pay for a cake from Fairway. There are myriad of flavor choices, so you can design your own cake! Please see Dafna for details! (Cakes run approximately $135.)

All of Us Research Program is a national initiative that is seeking a million volunteers to help make the difference in medical breakthroughs. The mission is to speed up health research and medical breakthroughs. For more information call 646-962-6170 or AllOfUs-Cornell@med.cornell.edu

Technology Help

Friday, February 22
Dalton Tech, 12:50 pm, S297.
Please register in office.

NEW YORK BOROUGH LUNCHEON

In which New York Borough did you grow up?! Manhattan? Brooklyn? Bronx? Queens? Staten Island or Long Island? Westchester? Come bring your lunch, join your borough's table and reminisce with your fellow borough-ites! Friday, February 15. WL, 12:30 - 1:30 pm.

VALENTINE’S DAY BAKE SALE

Thursday, February 14
9:00 am - 4:00 pm, Lobby
We need volunteers – bakers and sellers! Sign up sheets are in the office.

JEWISH THOUGHT & CULTURE

Mondays, 12:00 - 1:00 pm, S297
February 4 Abby Eisenberg
February 25 Rabbi Scott Perlo

SOCIAL SUNDAYS

Mount Vernon Hotel, Museum & Gardens
Upper East Side home of Abigail Adams Docent led tour, lunch at Baker Street Pub Transportation provided by Project Cart $15 plus cost of lunch Sunday, February 24

MARCH SNEAK PEEK

Sara Lukinson returns to teach “The Great Ones: Artists from the Kennedy Center Honors”!