Calling all knitters and crocheters! Now that our office renovation is almost complete, we are ready to replenish our yarn supply! Come stop by the office and pick out some beautiful yarn to knit or crochet hats for our “Hats with a Hug” project. To date, we have donated over 7,300 hats to patients at hospitals and care centers in 30 states! A huge applause and thank you for all who have participated since this project began in 2011. New participants are always welcome and knitting instruction is offered monthly on Wednesday mornings. So stop on by!

The Art of Listening to Music, our music appreciation course, is taught by a rotating group of professional musicians. Tuesdays, 11:00 am - noon, S297. February 4 - Arielle Levioff; February 11 - Simon Saad; February 18 - Javor Bracic; February 25 - Arielle Levioff

Thursdays with Erica Shein: Ben Franklin Circles: February 6 and Shoot the Breeze: February 13, 20, 27, Thursdays, 11:45 am - 12:45 pm, S297

Wednesday Crafts in Warburg Lounge: 10:30 - 11:30 am, Warburg Lounge. February 12: Knitting Circle with Ruth Fuchts-Hallet

Rob Silverman continues to teach his jazz appreciation series entitled Jazz through the Ages. Fridays through March 27, 10:30 am - noon, S101.

NEW Professor Richard Larschan returns to teach a nine-episode literature series entitled Speaking Up/Spaking Out: Short Stories by Major Women Writers. Wednesdays starting February 5 through April 1, 11:30 am - 12:30 pm, S101. Reading packets are for sale in program office.

NEW Theresa Burns’ Memoir Writing Class resumes Thursday, February 6 through March 26, 1:00 - 2:45 pm, S104. (No class on Thursday, February 27.)

NEW Professor Seth Gopin begins a new series From Versailles and Poussin to 18th-century Parisian Hotels & Watteau: The Great Age of French Art and Architecture. France under Louis XIV became the center of European culture. Course explores Baroque art and architecture during the 17th century in Paris and Versailles and continues with the great upheaval in art after the death of Louis XIV in 1715 with the Rococo artists. Thursdays, February 20 - March 19, 1:30 - 2:30 pm, WAG/Warburg Lounge.

NEW Technology: Beyond the Basics. Join technology consultant, Wendy Weiss, for a pilot technology class. Space is limited. Please register in program office. Tuesday, February 18, 12:30 - 1:30 pm, S297.

NEW Sign up for Beginner Level Game classes - Mah Jongg, Canasta or Bridge. New classes will be formed once we have a large enough group.

NEW Brown Bag Lunch. Join Rabbi Scott Perlo for an informal, open conversation over lunch. Thursday, February 13, 12:00 - 1:00 pm, ECR

Visit www.92Y.org/HimanBrown for more information on all events.
Friday, February 7
Celebrate February Birthdays with Cake! 12:30 pm, Warburg Lounge

1968: The Year That Shook Our History (Part II)
Professor Jess Velona, Esq.
(note earlier start time)
1:45 pm, Warburg Lounge

Friday, February 14
Tony Middleton Jazz Trio
Tony Middleton, vocals
Koky Oyobee, piano
Kenji Yoshitake, bass
2:00 pm, WAG

Friday, February 21
Book Celebration with Anthology Reading
Himan Brown Senior Program Members
(note earlier start time)
1:30 pm, WAG

Friday, February 28
Side by Side: A Musical Journey Through Time
Trailblazing Women Composers
Alexander Wu, piano
2:00 pm, WAG

Nurse Consultations
Thursdays, 9:00 am - 4:30 pm
Nurse Martha Fortune is available to meet with members by appointment or drop-in. Please register in office.

Health & Wellness
Monday, February 3
Skills in Motion Demonstration - Team from Asphalt Green
Cutting Edge Fitness Training for Falls Prevention
2:00 pm, Warburg Lounge

Wednesday, February 5
Individual Medicare Consultations with Jess Joseph
12:00 – 1:00 pm, HBSP Office.
Please register on clipboard.

Thursday, February 6
Tea with Nurse Martha Fortune
Learn how she can help you improve your health!
Come with questions.
11:00 am - 12:00 pm, Warburg Lounge

Monday, February 10
Coping with Arthritis and Effective Treatments
Dr. Ciera Sears, Mt. Sinai Geriatric Fellow
2:00 pm, Warburg Lounge

Tuesday, February 11
Nutrition Workshop and Consultation
12:30 - 1:30 pm, S297

Support
Bereavement Support with Elizabeth Flamm, LCSW
Please see Elizabeth for more details.

Elizabeth Flamm, LCSW/Associate Director. Elizabeth is a highly skilled therapist who is also available to meet individually with members and families.

COMMUNITY BULLETIN BOARD

WELCOME to our newest members: Guadalupe Grimaldi, Arlene Hirst, Penny Peltz, Susan Schrade, Ann Schwartz, Martha Schwartz, Ellen Snyder and Sephora Stein

NEW! TRAVEL INQUIRIES! Want to travel but have no one to go with? Our new Travel Inquiry Book may help you find new people to travel with! Check it out in the program office.


If you want to celebrate a special occasion - a birthday, anniversary or ??? and share your joy with the Himan Brown community, contact us to order and pay for a cake from Fairway. There are myriad of flavor choices, so you can design your own cake! (Cakes run approximately $135.)

NEW MEMBER WELCOME TABLE
New members, please bring your lunch and join us at our meet and greet table!
Thursday, February 20, 12:00 - 12:45 pm, WL

BOOK DISCUSSION GROUPS WITH ERICA SHEIN

The Namesake
by Jhumpa Lahiri
Thursday, March 5
11:45 am - 12:45 pm, S297

Dalton M.S. Intergenerational Discussion Booked by Kwame Alexander
(books available in program office)
Monday, February 10, 1:30 pm, S104

JEWISH THOUGHT & CULTURE
Mondays, 1:00 – 2:00 pm, S297
February 3 - Rabbi Scott Perlo
February 10 - Rabbi Laurie Braun
February 24 - Rabbi Laurie Braun

Technology Help
Dalton Tech - Please register on clipboard.
Friday, February 14, 12:50 pm - 1:50 pm, S297

SUNSHINE COMMITTEE TABLE: Stop by and learn about this new community resource!
Thursday, February 27, 12:00 - 1:00 pm, WL

SOCIAL SUNDAYS
Sunday, February 23
American Museum of Natural History:
Hayden Planetarium
Planetarium shows: The World Beyond the Earth; Volcanoes on the iMax Screen; Butterflies exhibit.
Lunch at Gazala Restaurant.
Transportation with Project Cart $35 Lunch separate pay

MARCH SNEAK PEEK
Sara Lukinson returns with More Artists from the Kennedy Center Honors!

The Mildred and Emanuel Goldberg
SPECIAL FRIDAYS

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