

**INFORMATION ON STUDYING FOR COLLEGE CREDIT with  
92ND STREET Y DANCE EDUCATION LABORATORY & DANCE THERAPY PROGRAM 2018-2019**

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In conjunction with Empire State College (ESC), State University of New York, the 92nd Street Y Harkness Dance Center offers studies at the Dance Education Laboratory (DEL) and Dance Therapy Programs for college undergraduate and graduate credit.

Students interested in applying to receive either undergraduate matriculated, non-matriculated or graduate matriculated credit, should contact the appropriate mentor or advisor at ESC for further information regarding this process. Students interested in matriculating for an undergraduate degree (BA, BS, or BPS) or masters of arts in liberal studies (MALS) should also consult the Empire State College website, [www.esc.edu](http://www.esc.edu), and contact the appropriate advisor below to discuss ways they might integrate DEL and Dance Therapy studies into their individualized degree plans. **Tuition** information is available at: <http://www.esc.edu/student-accounts/tuition-fees/undergrad-tuitionfees/>

**EMPIRE STATE COLLEGE**

325 Hudson Street, 6th Floor  
New York, NY 10013  
[www.esc.edu](http://www.esc.edu)

**Advisors:**

**Undergraduate Mentor, Ruth Goldberg<sup>1</sup>**

[Ruth.Goldberg@esc.edu](mailto:Ruth.Goldberg@esc.edu)  
646.230.1247

**Graduate Advisor, Diane Gal**

[diane.gal@esc.edu](mailto:diane.gal@esc.edu)  
845.391.5010 I

**EMPIRE STATE COLLEGE TERM DATES**

**Fall (September) Term**

Registration: June 5<sup>th</sup> – September 3<sup>rd</sup>

**Spring (January) Term**

Registration: October 9<sup>th</sup> – January 13<sup>th</sup>  
(Faculty are away December 17<sup>th</sup> – January 4<sup>th</sup>, so  
complete steps 1-3 before December 17<sup>th</sup>, if possible)

**Summer (May) Term**

Registration: February 12<sup>th</sup> – May 5<sup>th</sup>

**PROCEDURE FOR UNDERGRADUATE  
NON-MATRICULATED ENROLLMENT**

- 1) Fill out an [Application for Nondegree Undergraduate Studies](#) to become an ESC student. It is VERY important to choose the Manhattan location (325 Hudson Street) and to list that you are participating in the 92Y Dance Education Laboratory partnership on your application.
- 2) Send an email to **Ruth Goldberg** at [Ruth.Goldberg@esc.edu](mailto:Ruth.Goldberg@esc.edu) and cc: [NYCretention@esc.edu](mailto:NYCretention@esc.edu) to say that you have submitted your application and are DEL or Dance Therapy student and wish to be assigned to Ruth Goldberg.
- 3) Email Ruth Goldberg the studies that you wish to enroll in and she will make you a registration worksheet.
- 4) Complete your registration for these studies before the registration deadline.

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<sup>1</sup> Professor Goldberg is substituting for Lucy Winner, who will be on sabbatical during the 2018-2019 academic calendar.

## DEL COURSES AVAILABLE FOR COLLEGE CREDIT

### Courses

8 undergraduate or 6 graduate credits

***Foundations of Dance Education***

October 22, 2018-April 1, 2019 (20 sessions)

### Intensives

4 undergraduate or 2 graduate credits each

- ***Dance for Students with Special Needs\****  
(February 18-20, 2019, 3 sessions)
- ***Functional Anatomy and Kinesiology for Dance Education***  
(June 17-20, 22-23, 2019, 6 Sessions)
- ***DEL Essentials: An Introduction to Dance Education Laboratory Session A***  
(July 1-3, 2019, 3 sessions)
- ***DEL Essentials: An Introduction to Dance Education Laboratory Session B***  
(July 5-7, 2019, 3 sessions)
- ***DEL Early Childhood Dance***  
(July 8-12, 2019, 5 sessions)
- ***Dance for Social Change***  
(July 15-19, 2019, 5 sessions)
- ***Laban Movement Analysis/Language of Dance for Dance Educators***  
(July 22-26, 2019, 5 sessions)
- ***Teachers Tell All: Top Tips for Effective Teaching in Dance***  
(July 29-31, 2019, 3 sessions)

### Workshops

1 undergraduate credit each

- ***Individual to Group Dance Improvisation: A Mettler-Based Approach***  
(November 3 & 4, 2018, 2 sessions)
- ***Conflict Resolution and Violence Prevention Using Dance***  
(December 8 & 16, 2018, 2 sessions)
- ***Cunningham at 100: Experimentation, Innovation and Celebration***  
(March 3 & 10, 2019, 2 sessions)
- ***Arts Integration: Dance, Architecture and Mathematics***  
(April 28 & May 4, 2019, 2 sessions)

## DANCE THERAPY TRAINING FOR COLLEGE CREDIT

### Courses

4 undergraduate or 2 graduate credits each

- ***Methods in Dance/Movement Therapy I\****  
(Wednesdays 10:30am-12:30pm, beginning September 26, 2018, 15 sessions)
- ***Methods in Dance/Movement Therapy II\****  
(Wednesdays 10:30am-12:30pm, beginning February 6, 2019, 15 sessions)

### Workshops

2 undergraduate or 1 graduate credit each

- ***Trauma and the Moving Body: A Dance/Movement Therapy Approach\****  
(October 19-21, 2018, 3 sessions)
- ***Dance/Movement Therapy and Substance Use Disorders\****  
(November 30 & December 1-2, 2018, 3 sessions)
- ***Dance/Movement Psychotherapy with Infants and Children\****  
(January 5 & 6, 2019, 2 sessions)
- ***Dance/Movement Therapy as a Treatment Method for Individuals with Eating Disorders\****  
(January 18-20, 2019, 3 sessions)
- ***Dance for Students with Special Needs\****  
(February 18-20, 2019, 3 sessions)
- ***Bringing Dance to Older Adults and People with Dementia\****  
(April 12-14 2019, 3 sessions)
- ***Dance as Therapy\****  
(June 17-19, 2019, 3 sessions)

### Intensives

4 undergraduate or 2 graduate credits each

- ***Dance for Students with Special Needs\****  
(February 18-20, 2019, 3 sessions)

\*Indicates courses fully approved by the ADTA for Alternate Route credit for R-DMT training.