

ADULT DANCE DRESS CODE

(as of 5/14/19)

FOR ALL CLASSES

Please refrain from wearing heavy perfumes in the studio that may adversely affect students with allergies
Please refrain from using hair products that leave a residue for classes that use mats or involve floorwork

BALLET

Women: leotard & tights or unitard, ballet slippers, chiffon skirt if desired
Men: leotard or tee shirt & tights or unitard, ballet slippers
Both: ankle/leg warmers or thin nylon sweats are acceptable layering

FLAMENCO

Women: long sleeve, black leotard; full black skirt; flesh colored tights; black character shoes;
pair of castanets; hair pulled back
Men: black pants, flamenco boots, white shirt, vest, pair of castanets

ISADORA DUNCAN

solid color leotard and flowing silk skirt, or silk tunic (consult teacher)

HIP-HOP

comfortable dance clothing and clean dance sneakers or clean athletic sneakers (no street shoes)

HULA

Comfortable dance clothing and bare feet

JAZZ

leotard or fitted tee shirt, footless tights, leggings or jazz pants, rubber-soled jazz shoes or jazz sneakers

MODERN

leotard, footless tights or leggings, or footless unitard; light sweatpants or dance pants are acceptable layering

SOCIAL DANCE CLASSES – BALLROOM, SWING, SALSA

comfortable unrestrictive street clothes and smooth-soled shoes (no street shoes)

TAP

unrestrictive clothing (i.e. leotard or tee shirt, shorts, comfortable pants, dance pants or sweatpants), tap shoes

DANCE FOR LIFE CLASSES:

Leotard or tank top, footless tights or leggings; or unrestrictive clothing (i.e. tee shirt, sweatpants); jazz shoes acceptable

Capezio

1650 Broadway at 51st Street, 2nd fl
212.245.2130

Danskin

2282 ½ Broadway b/t 82nd & 83rd
212.769.2923

Capezio

1651 Third Ave at 92nd Street, 3rd fl
212.348.7210

Sansha NYC

888 8th Avenue (entrance 53rd Street)
212-246-6212