Hand Knitting for Beginners  
*Online Course*  
**Instructors:** Lisa Daehlin

**Supply list:**

**YARN:**
- **Yarn for in-class technique work:** 2 balls/skeins of worsted weight yarn, smooth texture, NOT cotton (1 in a light-colored yarn, the other in a contrasting not-too-dark color).
- **Yarn for scarf project:** approx. 400 yards of worsted weight yarn, smooth texture, NOT cotton (the reason for this is that cotton has almost no “give” or flexibility and is tiring on the hands and can be frustrating for a beginner knitter to use.
- **Yarn for cell-phone pouch project:** 1 ball/skein of worsted weight yarn. It won’t even take a full ball.

**TOOLS:**
- 1 pair knitting needles (bamboo, size 8 or similar)
- 1 crochet hook (size G or similar)
- blunt-tipped darning/sewing needle (with large “eye” for yarn), recommended brand: Clover.
- scissors
- note pad and pencil or pen