Figure & Portrait, Drawing & Painting: A Classical Approach
Instructor: Yuka Imata

ATTENTION – FOR ALL OIL PAINTING STUDENTS: In order to maintain healthy, safe, and environmentally conscious studies the following materials ARE NOT PERMITTED in the 92Y Art Center: Lavender Oil; Odorless Mineral Spirits; Turpentine; Liquin, Neo-Meglip, Galkyd, or any other petroleum based medium; varnish or retouch varnish; any other solvent beside Gamsol.

Oil Paints
Winsor & Newton artist grade colors are suitable, though Old Holland probably produces the finest pigments commercially available. (They contain no additives and hence have exceptional ability to tint white.) Make sure to buy artist grade, not the student grade paints.

- Flake white or Cremnitz White
- Cadmium Yellow Medium
- Cadmium Red Medium
- Terre Verte or Green Earth (Old Holland)
- Viridian (Optional)
- Yellow Ochre
- Burnt Sienna (or Transparent Oxide Red from Old Holland (superior))
- Burnt Umber (Optional)
- Ivory Black
- Naples Yellow from Blockx or from Holbein
- Cadmium Orange
- Alizarin Crimson
- Sap Green
- Ultramarine Blue
- Raw Sienna (W&N)
- Raw Umber

Old Holland
superior quality

Winsor & Newton
affordable and good quality

Blockx
superior quality
Medium – A mixture of one part stand oil to four or five parts of Gamsol/Turpenoid or another turpentine substitute. The addition of a small amount of Liquin (W&N) to the above mixture will facilitate drying.

- Gamsol - (92Y supplies)
- Stand oil – made from linseed oil, stand oil is thicker, which improves paint flow. Stand oil is thickened by heating linseed oil under controlled, oxygen free condition that makes it non-yellowing. This oil leaves a glossy-like finish which does not show brush strokes. Stand oil is excellent when used in glazing mediums.
- Medium cup
- Any glass jar for pre-mix medium.

Brushes - Assortment of bristle filberts, flats, rounds and sable filberts and rounds.
(Example)
Robert Simmons Signet – natural bristle brushes
Round – Size 0, 1
Filbert – Size 1, 2, 4, 6, 8
Flat – Size 1, 2, 4, 6, 8
Sable brush (natural hair) – few small round brush

Canvas or Panel
Canvas - Any size. Most pre-stretched canvasses are prepared with acrylic gesso on cotton duck and are inferior to oil-primed linen canvas.

Panel – Untempered masonite, though not ideal as a support for permanent painting, is acceptable for smaller works.

Miscellaneous Supplies
- Vine Charcoal
- Pencils (graphite or charcoal)
- Palette Knife
- Paper Towel
- Brush Cleaner (Jar or coffee can be used)
- Hand Mirror (Optional)
- Wooden Palette (Paper palette is recommended, but if you prefer, please choose gray color paper palette.)

**Drawing Supplies**

**Pencils**

- Pencil set
  - (6B, 4B, 2B, B, HB, H, 2H are recommended)

- Pencil sharpener

- Kneaded eraser

- Tombow MONO eraser or other kind of eraser.

- Tombow MONO Extra Fine Holder Eraser (2.3mm) (Optional, but highly recommended.)

- Chamois

- Blending Stump
  - (Different sizes, don’t get tortillons.)

- Glassine Paper (For protection. Optional)

Phone: 212-415-5562 | Email: artcenter@92y.org
Paper:

(Regular use)
Strathmore 400 Series Drawing Paper Pads – great for sketching. 18x24” is recommended, but anything larger than 11x14”

(Higher quality)
Arches Watercolor Pad 12 sheets
140 lbs, Hot Press (Optional)
or
Arches Watercolor Blocks
140 lbs, Hot Press (Optional)
(Great for toning ground for drawing.)