Prime Times

Newsletter of Himan Brown Senior Program

The Charles Simon Center for Adult Life & Learning

December 2016

A Message from the Director

Jo F. Brown

We cordially invite you to attend the Thursday, December 22nd Annual Chanukah Luncheon at noon in Buttenweiser Hall. This year, embrace the Himan Brown Senior Community, join your friends, make some new ones, dance the afternoon away, drink some wine and enjoy a festive meal, and come to simply appreciate what we sometimes take for granted in our lives: Community.

C LASS NEWS

Introducing Dr. Seth Gopin, art historian and longtime faculty member at Rutgers University where he was the Director of Global Studies. Dr. Gopin will begin December 1 with "A Renaissance Genius: Michelangelo in Rome", followed by "Rome and the Art of Gian Lorenzo Bernini" on December 8 & 15, 1:30 pm to 2:30 pm, S102-103.

Shoot the Breeze, an informal discussion group, meets with Erica Shein on Thursdays, December 1 & 15 at 11:45 am, S256.

"The First Ladies: From Martha Washington to Florence Harding" Part II with historian and journalist, Doug Brin. Wednesday, December 21, S297.

Erica Shein's **Dalton Tech project** continues on Friday, December 9 at 12:50 pm. If you would like help with your iPad, iPhone or other small device, please register in the office to be coached by Dalton High School Students. S297.

Chris Hege, piano, and Hannah Stone, soprano, will perform elements of Mozart's **Don Giovanni** in the Tuesday, Dec. 6, **Art of Listening to Music** class. Simon Saad teaches Dec. 13, Barbara Haspel teaches on Dec. 20. All classes meet in S297 at 11 am immediately following the Senior Adult Chorus class.

Living with Low Vision Group facilitated by Elly Roth meets to offer support and counsel on Thursday, December 15 at 11:30 am, S250.

Rob Silverman returns with a multi-week class: **Broadway Meets Jazz: How Jazz Musicians Have Adopted the American Musical.** Begins Friday, December 2 at 10:30 am, S101.

Necessary Conversations, facillitated by Ellen Love, social worker, meets Wednesdays at 11 am. You are invited to join the conversation, in a small, intimate, group of your peers and talk about the changing dynamics in life today. Reserve your place by registering in the office. A new group is forming and is scheduled to begin December 10.

Leo Schaff will continue to teach our weekly class, "Simply Shakespeare," every Wednesday, at 1:50 pm. We are moving toward completion of our study of *The Merchant of Venice* and as a group, will consider with Leo's direction, what play we want to study next.

Carmella Gullo's Friday morning **Drawing Class** meets weekly at 9:30 am. All levels are welcome. Her class explores still life, life study and copies of old masters to train the eye to see. She emphasizes form, composition and color with free expression. Carmella will encourage each students' unique style whether it be realism or abstraction. S280. Please bring your own pad and pencils to start.

SPECIAL MONDAY PROGRAMS - 2 PM, WARBURG LOUNGE

Monday, December 5: Author of "*Unmeasured Strength*", Lauren Manning, is our guest for a very special talk about survival and triumph. Lauren was a managing director and partner at Cantor Fitzgerald who survived 9/11.

Monday, December 12: **A Prose Reading** by our memoirists from the classes taught by Theresa Burns and Sally Bluimis-Dunn.

Monday, December 19: For your sanity and safety, come to a workshop on **Decluttering** given by **Dee Rosenthal**, owner of "*Deecide to Deeclutter*". Dee is a professional personal organizer and member of the HBSP.

Dates to Remember

Monday, December 5

Social Action Planning & Information Committee Meeting 10:30 am, room \$297

Tuesday, December 6

Advisory Council Meeting Noon, Large Conference Room

Friday, December 9

New York Legal Assistance Group Advanced Directives and Health Care Proxy Counseling Tina Janssen-Spinosa, Esq. 11 am to 1 pm, Warburg Lounge

Tuesday, December 13 & 27

MetroCard Mobile Sales 9 am to 10:30 am

Friday, December 16

Stephanie Garry Plaza Jewish Community Chapel Information Table, 11 am to 1 pm

Tuesday, December 20

General Membership Meeting 12:30 pm, Warburg Lounge

Thursday, December 22

Annual Chanukah Luncheon Noon, Buttenweiser Hall Tickets are for sale in Warburg Lounge *All morning fitness classes: S297

Monday, December 26

Senior Center is closed Christmas is celebrated

Monday, January 2, 2017

Senior Center is closed New Year's Day is observed

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1395 Lexington Avenue, New York, NY 10128 The 92nd Street YM-YWHA is an agency of UJA-Federation

December 2

Jewish New York: An Illustrated Lecture How did Jewish America begin in NYC? A rich and intriguing cultural history including the Jews of Brighton Beach, Washington Heights (Frankfurt on the Hudson) and more Marty Schneit, Licensed NYC Tour Guide and Historian 2 pm, Warburg Lounge

December 9

The Piatigorsky Foundation Sponsored by the Ernst C. Stiefel Foundation Richard Dowling, Piano Evan Drachman, Cello and Founder and Artistic Director Chopin, Schumann and Grieg 2 pm, Weill Art Gallery

December 16

Celebrate December Birthdays with Strawberry Shortcake 12:30 pm, Warburg Lounge

The Phoenix Ensemble Marc Lieb, Clarinet Program TBA 2 pm, Weill Art Gallery

December 23

The Legendary Jack Benny An Illustrated Lecture Cesare Civetta, music educator 2 pm, Warburg Lounge

Health & Wellness

Please, for everyone's benefit, stay home if you are sniffling, sneezing or in any way contagious and remember, it's not too late to get immunized for influenza. The flu season is well underway!

Wednesday, December 14

Individual Medicare Insurance Counseling

Jess Joseph, our patient advocate, will counsel you by appointment (noon to 1 pm) on any matter concerning Medicare. Sign up for an appointment in the office.

Wednesday, December 21

Blood Pressure Screening w/Mr. Guye, LPN

The Riverside Premiere Rehabilitation and Healing Center 11 am to 1 pm (Sign up please)

SOCIAL ACTION COMMITTEE OPEN MEETING

28th Annual New York Cares Coat Drive

November 14 to December 16



Our next open meeting is Monday, January 23 Warburg Lounge, 2:10 pm

92Y Himan Brown Senior Program is endowed through a generous grant from the Himan Brown Charitable Trust. Major support for the Himan Brown Senior Program is provided by: the estate of Kathryn W. Stein; The Margot and Adolph Friedlander Endowment; the estate of Dorothy and Sol Smolen; the Sylvia and Marvin Rubin Family Foundation; the estate of Mildred Goldberg; The Derfiner Foundation; Gloria Ann Katz, EdD; the Office of the Manhattan Borough President Gale Brewer and New York Department for the Aging; and The Lewart Family Charitable Trust.

Bulletin Board

New Members Welcome!! Alan Bandler, Bernard Bernstein, Ronald Eichorn, Carrie Hirtz, Ronnie & Kenneth Kagle, Theresa Levin, Robin Loomis, Laura Ludwig, Jane Madboy, Peggy Prichett, Sara Belle Rosensweig, and Ruth Wuhl

Tech Classes for winter 2017 begin on Thursday, January 5. Exploring your iPad and Exploring your iPhone will each be offered in an 8-week series. Please call Renée Septimus 212.415.5649 to register.

Please order and pay for your 2017 Mah Jongg card with Renée. (Cash only please.)

KNITTING CIRCLE

Our knitting circle meets with instructor Ruth Fuchs Hallett every Wednesday in Warburg Lounge from 11 am to Noon.



JEWISH THOUGHT & CULTURE

Rabbi Peter J. Rubinstein is our guest lecturer on Monday, December 19 at 1 pm when he speaks on "When Prophecy Fails."

Jewish Thought and Culture Classes are being held in \$297 (No class will be held on December 26)

Book Discussion Group



Our Souls At Night

by Kent Haruf (author of Plainsong) A National Bestseller, available in paperback Erica Shein moderates Thursday, January 12, 11:45 am, S101

Intergenerational & Volunteer Programs

Wire the Wise meets on Sunday, December 4 at 11:30 am. Sign up for coaching by young professionals and gain competency with your hand held devices. Have fun and have breakfast too. Register in the office

Erica Shein will match you with a middle or high school student to help you with tech support, practicing a language, chess games, piano lessons or almost anything you can dream up! Leave her a message in the program office.

SOCIAL SUNDAYS

December 18

A Chanukah Playhouse at the Merkin Concert Hall of the Kaufman Music Center with The Poppy Seed Players 1 pm, \$15. Pre-paid tickets (seating in orchestra)

January 22, 2017

Museum of Jewish Heritage "Project Mah Jongg" & The Leo Frank Case Revisited New Exhibits with a Gallery Educator 36 Battery Place \$14, pre-paid. Optional lunch at Lox Café