Himan Brown Senior Program: 92Y--Weekly Update September 28, October 2, 2015

Mental Illness Awareness Week Oct 4-10

NEW PROGRAM: Fresh Food for Seniors: Next_delivery is Tuesday, Oct 13. Bags of fresh produce & fruit available alternate weeks until October 27. Sign up on Oct 1, 2 and 7. Scholarship is available - please see Julia Zeuner

Monday, September 28 & Tuesday, September 29

We are closed for Sukkot and for the Social Good Summit- and reopen Wed.

Wednesday, September 30

Donelle Estey Art class at 10 am -Drop by and paint/ draw with Donelle

Erica Shein leads "Shoot the Breeze" discussion on Sept 30 in S297 today.

Mark York is on vacation-returns 10/6

Thursday, October 1

Flu shots will be given today from 10 am to 2pm by CVS in Warburg Lounge Bring your insurance information to the clinic, be safe, get immunized.

Barbara McNair will do a supervised play class instead of Duplicate Bridge today.

Professor Richard Larshan's <u>Poetry Appreciation class</u> meets in M2 at 12:45 pm

John Angeline, Ph.D teaches Art Appreciation in S102/103 at 2 pm

Friday, October 2
Ellen Friedman's Bridge class meets in S254 at 9:30 am

The new Jazz Appreciation Class with Rob Silversman continues at 10:30 am in S101

Atul Gawande, MD -Himan Brown Symposium on Advances in Senior Health Pre-registration necessary- 7th Ave /51st St (group transportation)

<u>Today's Special Friday Program : Warburg Lounge</u> <u>Vocal Ease:</u> A Caberet Show

REMEMBER: We are closed Monday and Tue Oct 5/6 for Simchat Torah