



92nd Street Y Camps
1395 Lexington Avenue
New York, New York 10128

212.415.5573
(Camp Office)

212.415.5643
(Yomi Voicemail)

**CAMP YOMI
2014
FAMILY GUIDE**

Dear Camp Yomi Families,

On behalf of the entire Camp Yomi staff, I want to welcome you (or welcome you back) to our camp family for the 2014 season. I am excited to be spending my ninth summer at Camp Yomi with you and your camper.

Summer camp can be a life-changing experience. A quality program should allow children to take risks and meet challenges, enhance their self-esteem, and make friendships that last a lifetime. Camp Yomi does just that. Through a wide variety of age appropriate activities, we help children create memorable and meaningful experiences in a safe and fun environment. It is my personal goal to give your child a summer he or she will never forget.

Helping our campers and parents prepare for the summer is one of our goals during the spring. Please take the time to read through this family guide. It was designed to provide information about our program and to answer many of your questions. We also suggest that you keep the guide in an accessible place throughout the summer.

I know you will join me in looking forward to a safe and sun-filled camp season! Please feel free to call me at 212.415.5646 or 212.415.5643 ext. 4 with any questions.

Sincerely,

Lauren Wexler
Director, Camp Yomi

WEBSITE/PHOTOS

At www.92Y.org/camp2014, we will have weekly updated pages for each unit at Yomi to provide information about group schedules, group “blogs” and special events at camp. You should click on your child’s unit eboard. The password to log on is **yomibear**.

Photos from camp are posted regularly and can be accessed from www.92Y.org/camps. Click the “Photo” tab to gain access to camp pictures. The camp password is **summerfun**.

**WHO TO CONTACT WITH
FURTHER QUESTIONS**

Prior to camp, please call the Camp Office at 212.415.5573.

During camp, you can call the Camp Office or leave a message for the following Yomi Supervisors:

Camp Yomi Voicemail / 212.415.5643

Allison Geiman, Unit K Supervisor, extension 5
Frankie Muraca, Unit I Supervisor, extension 1
Kathleen Glatthaar, Unit 2 Supervisor, extension 1
Alexa Kinney, Unit 3 Supervisor, extension 2
Darren Levine, Unit 4 Supervisor, extension 2
Sharona Kahn, Swim Director, extension 3
Lauren Wexler, Yomi Director, extension 4
Ivy Manheim Assistant, Director, extension 5



LOOKING FORWARD TO A SAFE AND SUCCESSFUL SUMMER!!

YOMI-LECTIVES

Children in Units 3 & 4 make a session long commitment to participate in an elective activity. Yomi-lective choices were sent you in the email where you received this guide. Campers should choose their Yomi-lectives and submit them to the camp office prior to the start of camp. Any questions or concerns regarding your child's Yomi-lectives should be communicated to your child's Unit Supervisor who will be able to address them accordingly.

SPORTS CLUB& JULY JUMPS

Twice a week, campers in Units 3 and 4 can choose to forgo their group's regularly assigned morning activity to join the Sports Club, a program catering to campers who want more sports in their summer program. Participation is optional. Enrollment in the club should be submitted prior to camp.

This summer, we are excited to be hosting a tournament called July Jumps for Unit 3 and 4 Campers that are interested in playing a slightly more competitive (single elimination round) game of basketball. The campers will first eat their lunch and then staff will bring them over to the courts. Participation is optional. Enrollment in the tournament should be submitted prior to camp.

Any questions or concerns regarding your child participation in Sports Club and/or July Jumps should be communicated to your child's Unit Supervisor who will be able to address them accordingly.

WHAT TO BRING TO CAMP

The following things should be packed in your child's backpack and brought to camp each day:

1. **Two bathing suits (one bathing suit if your child is entering kindergarten—they will swim once a day for a double period) No Towels are needed, as we are providing towel service this summer.**
3. A lunch, which is refrigerated upon arrival at camp (if your child does not get a pre-ordered camp lunch)
4. A full water bottle (we will provide a 92Y water bottle within the first few days of camp)
5. A hat (optional, but recommended)
6. Sunscreen (optional) - We apply SPF 70 kids sunscreen at both swims daily

WHAT NOT TO BRING TO CAMP

Campers are **not** permitted to bring valuable articles such as electronic devices, toys, ITouch, iPads, IPODs, cell phones, and water guns to camp. We also discourage the wearing of expensive jewelry or the carrying of any amount of money. No animals or pets are allowed in camp. Camp Yomi is not responsible for the loss or damage of any of the above listed items if they are brought to camp. Please do not send your child to camp in sandals or CROCS— sneakers only please.

STAFF

Each Camp Yomi group has 2 to 5 counselors, depending on the age and needs of our camp groups. Camp Yomi staff is composed of skilled and sensitive counselors who are thoroughly screened, interviewed, and trained prior to the beginning of camp. Their strengths lie in their dedication to helping children develop socially, cognitively, and physically. Our team of Yomi counselors are selected for their positive energy, enthusiasm, and commitment to caring for your children. In addition, Head Counselors oversee 2-3 groups and report to the Unit Supervisor. The staff receive ongoing training and supervision by the Unit Supervisors and Camp Directors.

Occasional changes of our camp staff may occur due to staff returning to college early or the 92nd Street Y's specialty camps, short-term sleep-away camp programs Camp Keshet Jr. and Camp Keshet, and other program scheduling needs that might arise. You will be notified of any staff changes in your child's group.

BUS SITES WITH DROP-OFF & PICK-UP TIMES

* Campers may be dropped off and picked up by parents within the “time cushions” below. Supervision is provided by Yomi staff during these time periods. For afternoon pick-up, buses are expected to return to each site at the beginning of each time cushion listed below. Staff will supervise at the bus-site until 5:45 pm.

East Side	West Side
92nd Street Y (92nd St & Lexington Ave) Drop-off: 8-8:25 am Pickup: 5-5:45 pm	Columbia Area 110th St & Broadway (Northwest Corner) Drop-off: 8-8:30 am Pickup: 5-5:45 pm
Upper East — Yorkville York Avenue & E. 85th Street (Southeast Corner) Drop-off: 8-8:25 am Pickup: 5-5:45 pm	Anshe Chesed (W. 100th St bet. WEA & B'way) Drop-off: 8-8:30 am Pickup: 5-5:45 pm
Wagner Middle School (E. 76th St bet. 2nd & 3rd Aves) Drop-off: 8-8:25 am Pickup: 5-5:45 pm	B'nai Jeshrun (W. 89th St bet. B'way & WEA) Drop-off: 8-8:25 am Pickup: 5-5:45 pm
PS. 183 (E. 66th St bet. 1st & York Ave) Drop-off: 8-8:25 am Pickup: 5-5:45 pm	PS. 9 (W. 84th St bet. Amsterdam & Columbus) Drop-off: 8-8:25am Pickup: 5-5:45 pm
East 50's (E. 55th St bet. 1st & 2nd Ave) Drop-off: 8-8:20am Pickup: 5:15-5:45 pm	PS. 199 (W. 70th St bet. Amsterdam & WEA) Drop-off: 8-8:25 am Pickup: 5-5:45 pm
Murray Hill (E. 34th St & 1st Ave) Drop-off: 8-8:15am Pickup: 5:15-5:45 pm	Stephen Wise Free Synagogue (W. 68th St bet. CPW & Columbus) Drop-off: 8-8:25 am Pickup: 5-5:45 pm
Epiphany School (E. 22nd St & 2nd Ave) Drop-off: 8-8:15am Pickup: 5:15-5:45 pm	Chelsea (W.23 bet. 8th and 9th Aves) Drop-off: 8-8:15 am Pickup: 5:10-5:45 pm
	PS. 41 (W. 11th St bet. 6th & 7th Aves) Drop-off: 8-8:15 am Pickup: 5:10-5:45 pm
Financial District West Street & Battery Place Drop-off: 8-8:15 am Pickup: 5:15-5:45 pm	Tribeca — ECC (Jay St & Greenwich St) Drop-off: 8-8:15 am Pickup: 5:15-5:45 pm

LATENIGHTS & OVERNIGHTS

Units Kindergarten, One and Two campers participate in one late night each session. Campers have an extra swim, therefore, please pack an **extra** bathing suit. Campers will participate in a special late afternoon activity, in addition to a barbeque dinner. All latenights are optional and if your child chooses not to attend, notification **MUST** be communicated to your child's Unit Supervisor prior to the day of the event either by phone or in writing. However, we encourage all campers to attend because they are tons of fun! **Latenight pick up is only at the 92nd Street Y and is at 8pm.** More information will be available on the unit website and emailed prior to each event.

Units K and I (entering kindergarten or 1st grade)

Latenights:

Monday, July 21 & Tuesday, August 12

Unit 2 (entering 2nd grade) Latenights:

Thursday, July 10 & Wednesday, August 6

Unit Three and Unit Four campers participate in one overnight each session. Campers have an **extra** evening swim, therefore please pack accordingly. The following are additional items your child will need on the overnight: Sleeping Bag (Required); Toiletries; Insect Repellent; Long-Sleeve Shirt, Long Pants; Flashlight; Extra swim suit; and a complete change of clothes for the next day. This list will be posted on the unit website and e-mailed prior to each overnight.

Campers will participate in a special evening activity and a barbeque dinner. In addition, breakfast and lunch will be provided by Camp Yomi the following day. *Overnights are optional and if your child chooses not to participate, notification **MUST** be communicated to the Unit Supervisor by phone or in writing prior to the day of the overnight.*

Unit 3 (entering 3rd grade) Overnights:

Thursdays, July 24th & August 14th

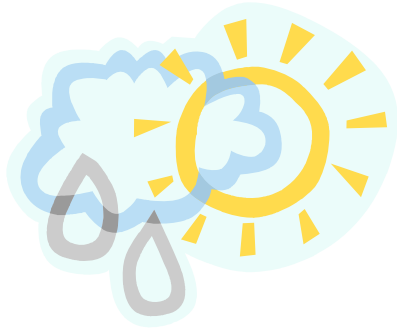
Unit 4 (entering 4th grade) Overnights:

Thursdays, July 17 & August 7th

Campers **not** participating in the late-nights & overnights will return at the regular time to their usual pick up location. We encourage all campers to participate in this exciting experience. Additional information regarding your child's upcoming late-night/overnight will be sent home one week prior to the event.

RAINY DAY PROGRAMS

Our intention is to go to camp each day and make every effort to make the best of a rainy day, focusing extra attention on keeping your children safe and dry. On these days, specially designed programs have been planned at the campgrounds. It is important that you dress your child appropriately for the weather. **PLEASE SEND A RAINCOAT WITH YOUR CHILD ON RAINY DAYS.** Camp Yomi buses remain with us throughout each camp day, and in the event of persistent rain, we will use off site activities in Rockland County such as the JCC Rockland, bowling, movies, or other special programs.



BABYSITTING POLICY

Camp Yomi staff provide supervision of your child throughout the camp day. If you hire one of our staff members outside of camp, please be aware that these arrangements are exclusively between you and the staff member. 92YCamps can assume no liability outside of camp hours.



ARRIVAL / DISMISSAL

The ride to camps is 35-50 minutes (depending on route and traffic). Campers must remain seated while the bus is in motion, except when going to the lavatory. Counselors lead games, songs, and cheers during the ride. Please arrange for your child to be at the bus stop no later or earlier than the designated drop off/pick up time in the morning. Our counselors are on duty based on the scheduled drop off/pick up time for your site as listed on page 3.

For Dismissal, buses will return to the sites where staff is on duty until 5:45pm. Campers must be signed out at the end of the day by their designated bus counselor. No camper will be released to an individual without a colored bus tag (these will be sent to you Mid June) or to someone who is not on the authorized list. Any changes must be in writing and given to the Supervisor of the pick-up site.

Your child's safety is of course our number one priority. Therefore, for your child's protection, no camper will be released on the street at the end of the day. Campers must be dropped off and picked up inside the pick-up/drop off site where applicable.

Please note: We need your cooperation to ensure organized pick-up/drop-off. Please understand that we do our best to leave and return on time, but many factors are out of our control (i.e.: traffic, construction, etc.).

PRESCRIPTION AND NON-PRESCRIPTION MEDICATION POLICY

In order for our designated staff to dispense either a prescription or non-prescription medication to a camper the following procedure must be followed:

The camp must receive written authorization from the parent/guardian and physician along with the name of the medication, condition for which the medication is being used, the required dosage and frequency with which it is to be dispensed. All of this information must be included in the form labeled "Medication Form" which was included with the Health Form mailing you received earlier this spring.

VISITING & SPECIAL ARRANGEMENT PICK-UP POLICY

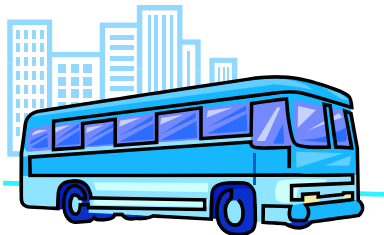
For your child's security, no visitors are permitted on the campgrounds. The exceptions are the **Camp Yomi Parents' Visiting Evenings, July 8th for Units 3 & 4, and July 15th for Units K, I & 2.**

If you intend to pick up your child early on a camp day you **MUST** adhere to the following procedures:

Early pickups are only allowed on Fridays at 2:30pm

1. Please contact Camp Yomi's Director at 212.415.5643 ext. 4 or the camp office at 212.415.5573 to arrange pickup directly from the campgrounds. Due to campground policy, all car pickups must be pre-arranged at least **24 hours** in advance.
2. If someone other than a parent is picking up a child, we must verify it with the parent; please provide a phone number where we can reach you during business hours.
3. When picking up your child, please pull into the campgrounds entrance and proceed to the stop sign. Your child will meet you there. *Please note: You must wait at your car, do not arrive early, as your child will not be awaiting pick-up.
4. In the event of rain on a day that you have arranged to pick up your child directly at the campgrounds, please call the Camp Office at 212.415.5573. Your child's group may have left the campgrounds, *in which case,* your child will return back to their site on the regular bus at the end of the camp day.
5. If you are late for your 2:30 pickup, please note that your child will travel back to the city.

We have instructed all our camp personnel not to release any child, at any time, to anyone unless **ALL** the above procedures are followed.



TIPPING POLICIES

Each summer, parents ask us about our guidelines for tipping. Our position is that tipping is personal, between parent and staff member. We only ask that the procedure be professional and low-key.

If you do choose to tip, please send tips in clearly labeled, sealed envelopes with your child[ren] during your camper's last week at camp. These envelopes can also be given to the Bus Site Supervisor who will deliver them appropriately.

LUNCH AND SNACK

All campers must bring their own lunch or order the box lunch offered by camp. Camp Yomi provides a cold drink with lunch. All lunches must be brought in a bag with the child's name and group clearly printed on the bag. Upon arrival at camp, the lunch will be collected and refrigerated until lunch time when it is returned. Snacks such as ice cream, fruit, and ices are provided each afternoon for all campers. All food provided by Camp Yomi is Kosher. If your child has specific dietary needs or restrictions please inform your child's Unit Supervisor in writing.



SUNSCREEN AND WATER

Summer days can be quite hot and the sun is very strong. Please apply sunscreen to your child in the morning before he or she arrives at camp. We provide SPF 70 sunscreen and apply it to campers before and after each swim. If your child has specific skin needs, feel free to send a bottle of sunscreen in his or her camp bag for additional application.

Campers are encouraged to drink plenty of water during each day. We request that your child reuse the 92nd Street Y water bottle that is given to them at camp within the first days of camp or bring a labeled water bottle to camp. Please keep in mind not to fill it with soda or juices high in sugar.

HOT WEATHER

Often, camp days can be very hot, in which case the staff is prepared to implement an alternate schedule. On these days, staff utilize numerous shady areas at the campgrounds and indoor spaces, such as the nature, art and ceramics buildings, unit shelters, etc. Please be assured that on hot days, we will limit the amount and intensity of physical activity of the children as well as keep them hydrated in order to ensure their safety.

SWIM

Our swim program is designed to promote progressive skill development for each and every camper, regardless of his or her swimming ability. The instructional swim periods focus on appropriate Red Cross skills to be mastered at each level. All campers are evaluated and placed in swim groups, based on their ability during the first week of camp and as deemed appropriate by the swim staff throughout the summer. A letter regarding our swim program is available on each unit's e-board at www.92Y.org/camp2014, password is yomibear.

Sunscreen should be applied prior to your child leaving for camp in the morning. Also, we are conscientious about applying SPF 70 sunscreen at each swim period. However, if your child has skin allergies please notify the camp staff and send your child to camp with sunscreen appropriate for their skin type.

At the pools, as in all other areas, the philosophy of our camp is to support individual growth. As in every activity, children progress at different levels. For some, this means learning how to dive and being able to swim laps, for others, it is simply being comfortable in the water. Whatever their pace, be assured that your child's needs will be looked at individually. Please leave a voicemail for Yomi Swim Director Sharona Kahn at 212.415.5643 ex.3 with any questions or concerns regarding our swim program.



CONTACT WITH CAMP

We are extremely interested in hearing parents' comments, both complimentary and constructive. You will find that problems brought to our attention are dealt with immediately and corrected whenever possible. Most importantly, it does not matter how trivial the matter may appear, we want to know about it. Leave a voicemail for your child's Unit Supervisor or Camp Yomi's Director at 212.415.5643. Calls will be returned at the end of the camp day. We welcome your calls and comments. The most important person at Camp Yomi is your child and we **NEVER** lose sight of that.

For questions or matters that require an immediate response, please call the Camp office at 212.415.5573 and the office staff will assist you. If necessary, they can immediately relay your message to us at the campgrounds. Our camp communication system enables the Y Office to contact the Camp administrators at all times throughout the camp day.

In the event that the New York Metropolitan area experiences an occurrence during which a "state of emergency" is declared, you can get up-to-date recorded information by calling our camp emergency hotline at 212.415.5606. Please only call this number in extreme situations.



HEALTH AND SAFETY



Counselors are directly responsible for the health and safety of your children. They have the time and the training to devote themselves to this very important part of their job.

A child who has a cold, sore throat, fever, stomach virus, or other communicable disease should not be sent to camp. Please notify your child's Unit Supervisor at 212.415.5643 if your child will not be attending camp on a particular day. Your cooperation is needed in this area. We expect that you will let us know if your child contracts any such condition.

We have the greatest confidence in the health care facilities and services available to campers if the need should arise. The camp has an infirmary with a full-time registered nurse. Also, the services of West Nyack Regional Hospital, a highly respected medical facility, are less than 15 minutes away, in the rare instances when this would be necessary.

If a camper has an injury or illness requiring anything more than routine care, (routine care implies band-aids, ice-packs, splinter removal, and similarly minor treatments) the camp will contact the parent/guardian to discuss treatment plans. In addition, the Y Camps retain the consulting services of a pediatrician during the summer. Dr. Neal Kotin is available to advise us regarding medical matters.

RECOMMENDED CLOTHING

Campers spend the day involved in a diverse range of activities including sports, arts, nature, music, swimming and more. Children should come to camp each day dressed comfortably in shorts, t-shirts, and **sneakers (no Crocs or sandals)**.

On Thursday, July 10th or Friday, July 11th (Picture Days), each child will receive a complimentary Camp Yomi shirt. Shirts will later be given to second session campers as well as campers who are absent on picture day.

Parents should use their best judgment when dressing children for camp, sending sweatshirts, rain ponchos, etc. when the weather is cold or rainy. Regardless of morning weather, please pack **2** bathing suits. (**1** bathing suit if your child is entering **Kindergarten**) Bathing suits and towels will be returned home daily. **DO NOT** send any water wings or tubes for pool use. Towels will be provided for all campers.

ALL CLOTHING MUST BE PROPERLY MARKED WITH PERMANENT MARKER. We make every effort to prevent the loss of items. Please identify your child's belongings by clearly marking the items with child's name (last name & first initial).

We would also like to provide you with websites that specialize in name labels for camp purposes: www.92y.lovablelabels.ca or www.92streetycamps.mabel.ca or www.stuckonyou.biz. You can visit these sites for more information on ordering name labels for your camper for this summer season. PLEASE NOTE: we do not require that you use these specific name labels, but do require labeling for all items sent to camp.



LOST & FOUND

In an attempt to prevent lost items at camp, parents are urged to label **EVERYTHING** that is sent to camp with their child. Please try not to send new or expensive clothing (especially during the early days of camp while campers and staff are learning new routines). Also, we do not allow valuables, electronics, toys, etc. at camp.

If your child “loses” anything at camp, please send in an index card with your child’s name, camp, group, a description of the lost item, and when and where it was last seen. You can give these cards to the bus counselor or to the group counselor. We will do our best to return each lost item.



WACKY WEDNESDAYS

Each Wednesday, we break away from the regular schedule to celebrate special theme days that we call “Wacky Wednesdays”. Please review the summer calendar to be aware of our Wacky Wednesday theme (dress up, activities) to plan for camp accordingly.