

ADULT DANCE DRESS CODE

(as of 11/7/11)

FOR ALL CLASSES

- Please refrain from wearing heavy perfumes in the studio that may adversely affect students with allergies
- Please refrain from using hair products that leave a residue for classes that use mats or involve floorwork

AFRO-CARIBBEAN

leotard, footless tights, leggings or sweat pants; full skirt and head scarf optional for women

BALLET

Women: leotard & tights or unitard, ballet slippers, chiffon skirt if desired

Men: leotard or tee shirt & tights or unitard, ballet slippers

Both: ankle/leg warmers or thin nylon sweats are acceptable layering

BOLLYWOOD

comfortable dance clothing and bare feet or soft slippers

CAPOEIRA

t-shirt and loose-fitting athletic pants

FLAMENCO

Women: long sleeve, black leotard; full black skirt; flesh colored tights; black character shoes;
pair of castanets; hair pulled back

Men: black pants, flamenco boots, white shirt, vest, pair of castanets

ISADORA DUNCAN

solid color leotard and flowing silk skirt, or silk tunic (consult teacher)

HIP-HOP

comfortable dance clothing and dance sneakers or clean athletic sneakers

HULA

Comfortable dance clothing and bare feet or soft slippers

JAZZ FUNK

leotard or fitted tee shirt, footless tights, leggings or jazz pants, rubber-soled jazz shoes or jazz sneakers

MIDDLE EASTERN DANCE/FLUID BELLY DANCE

leotard or close fitting midriff top and tights;

hip-hugger skirt or harem pants, or Middle Eastern hip scarf with jingles (ask instructor)

MODERN

leotard, footless tights or leggings, or footless unitard; light sweatpants or dance pants are acceptable layering

SOCIAL DANCE CLASSES – BALLROOM, SWING, SALSA, TANGO, ENGLISH COUNTRY DANCE

comfortable unrestrictive street clothes and smooth-soled shoes

TAP

unrestrictive clothing (i.e. leotard or tee shirt, shorts, comfortable pants, dance pants or sweatpants), tap shoes

THEATER DANCE / BROADWAY BASICS

leotard, jazz pants, tights or leggings; character shoes and rubber-soled jazz shoes

DANCE FOR LIFE CLASSES:

ALEXANDER TECHNIQUE / BODY ALIGNMENT & FITNESS / HEART & SOUL/MODERN FOR THE OLDER DANCER

leotard, footless tights or leggings; or unrestrictive clothing (i.e. tee shirt, sweatpants); jazz shoes acceptable

Many of these items can be purchased at www.discountdance.com or at one of the following stores:

Capezio

1650 Broadway at 51st Street, 2nd fl
212.245.2130

Capezio

201 Amsterdam Ave at 69th Street
212.262.1747

Danskin

2282 ½ Broadway b/t 82nd & 83rd
212.769.2923

92nd Street Y ♦ School of the Arts ♦ Harkness Dance Center

1395 Lexington Ave at 92nd Street ♦ NY, NY 10128 ♦ www.92Y.org/Dance ♦ (P) 212.415.5552 ♦ (F) 212.415.5549

